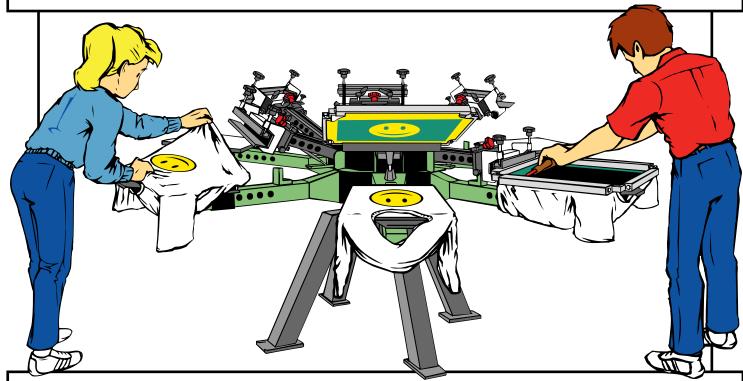


## INTRODUCTION TO SCREEN PRINTING

Welcome to our introduction to screen printing. We hope to answer at least some of your questions, but if you need more information, call 1-800-482-7839 or visit our website at www.VASTEX.com.



### Screens - Exposure - Production - Cleaning





#### 1. OK professor, how does it work?

Screen printing starts with just that: a screen - mesh fabric stretched tightly across a rigid frame. What is mesh? Mesh is a special fabric manufactured to have thousands of wide spaces between the threads. This spacing allows ink to squeeze through.

#### Screen printing? Whatever happened to silk?

The evolution of screen printing began thousands of years ago when printers around the world began using cut stencils made from natural materials and paper for printing. The Japanese and the Chinese developed wooden frames to support the stencil which was glued onto a woven fabric mesh. This mesh, originally made from human hair, eventually was woven from silk, hence the name "silk screen printing". The resulting mass production of ink-decoration on paper, clothing, books, and many other surfaces became an important part of Asian culture.

In the late 1800s, artists and printers in France and Germany advanced the process, and it was given an English patent in 1907. In the late 1930s, artists coined the term "serigraphy" (derived from the Latin word seri [silk] and the Greek word graphein [to write]) to describe this medium distinguishing it from commercial screen printing. Today, screen printing uses manmade threads of steel, nylon, and polyester - silk is no longer used.

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#### 2. How does a screen make a print?

In modern screen printing, a stencil is made to hold back excess ink with a light-reacting product called emulsion. The mesh is covered with emulsion and dried. Then a clear film with

dark art is placed on the screen and a light is cast on it (exposure). The areas under the dark art stay soft, and the other areas "harden." The soft parts are washed out, leaving open holes in the mesh, enabling the ink to squeeze through the mesh and print.

### 3. How does the ink squeeze through the mesh past the stencil?

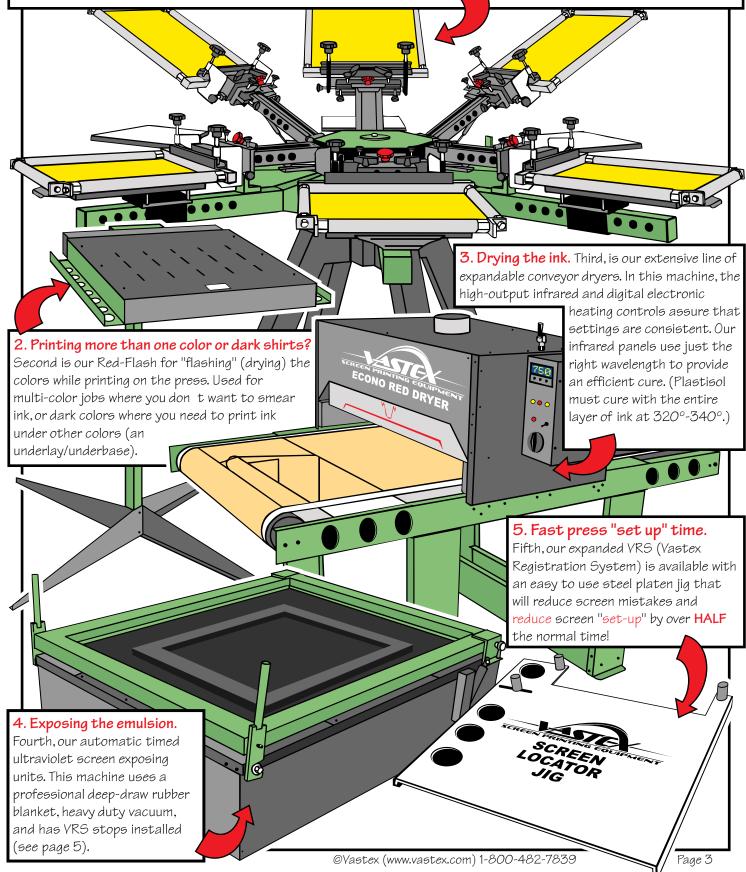
Enter the squeegee a flexible plastic blade in a handle. The squeegee puts pressure on the ink and sends it past the fabric threads. It leaves a thin layer of ink on the product and "shears off" the excess. That s all there is to it! To print multiple colors, a separate screen is needed for each color. For multi-colored products, such as T-shirts, multi-armed printers are used to hold the colors to assure an exact line-up.

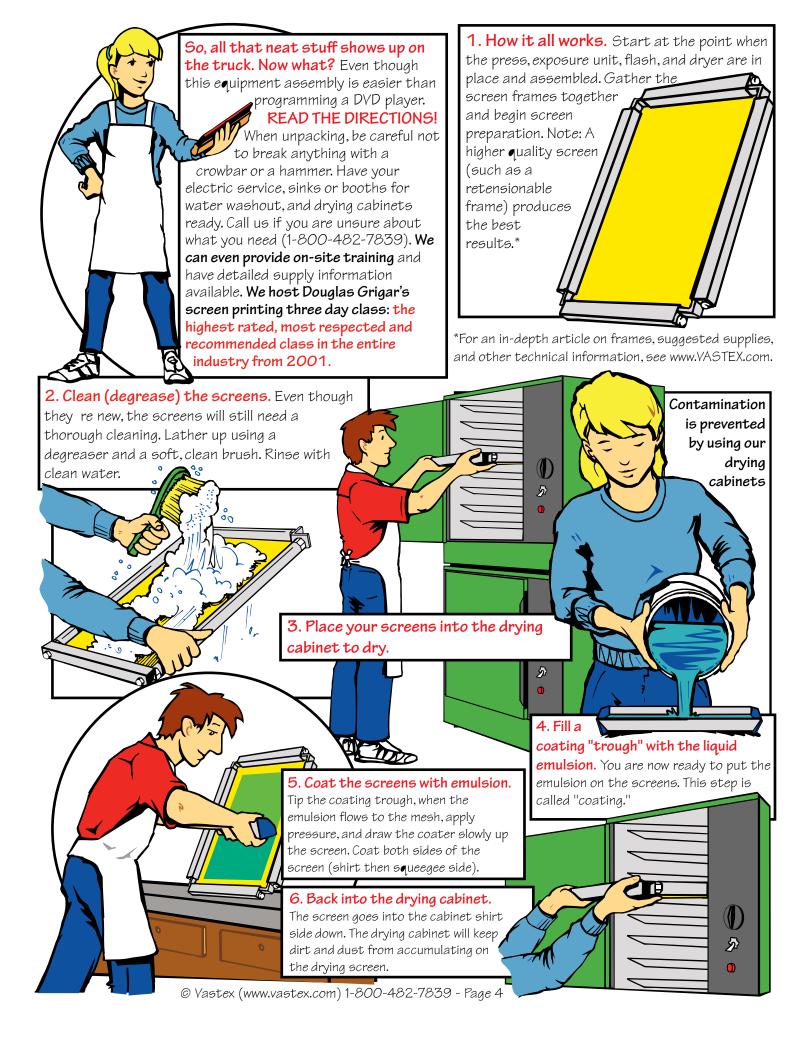
For in-depth articles on mesh, frames, and emulsion, see... WWW.YASTEX.COM

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**1. Since we're talking about printing T-shirts, let us introduce you to our T-shirt printing equipment.** First, our V-2000 HD multi-color T-shirt press. Simply put, this monster-like machine will hold multiple garments and print more than one color, while perfectly holding colors "in line." (Remember: Each color needs its own screen!) The V-2000 HD is available as a one-color "table top" model or with capabilities for up to a 10-shirt, 10-color-arm press. All of our V-2000 presses are expandable (to grow as your shop grows), and will hold our high-speed professional numbering systems, cap printers, and sleeve-printing boards. We even have an entry-level equipment

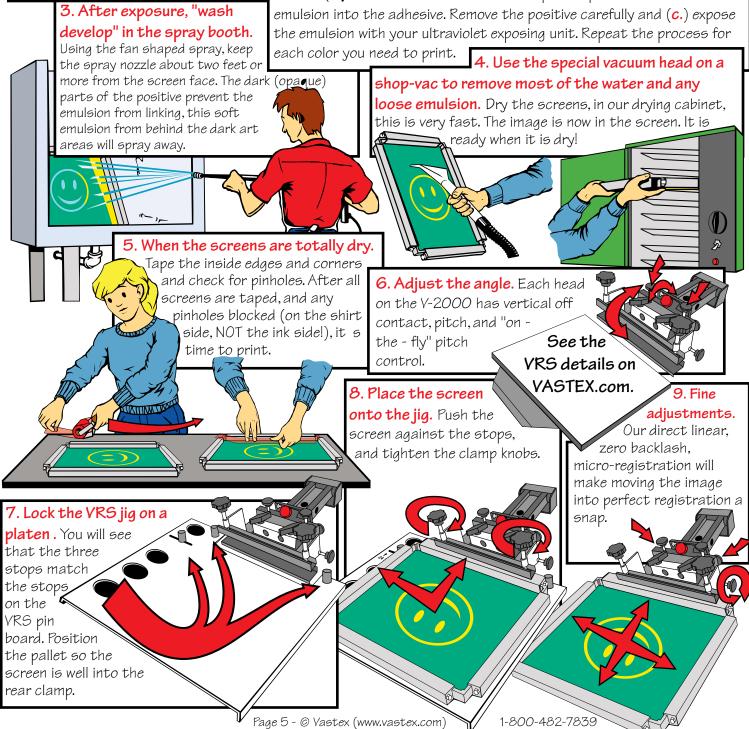




1. Tape the art to the carrier sheets. Use the VRS pin board to (a.) make sure the art is lined up. The VRS system prevents you from having to repeat the same alignment procedure in each step. The two pins work only

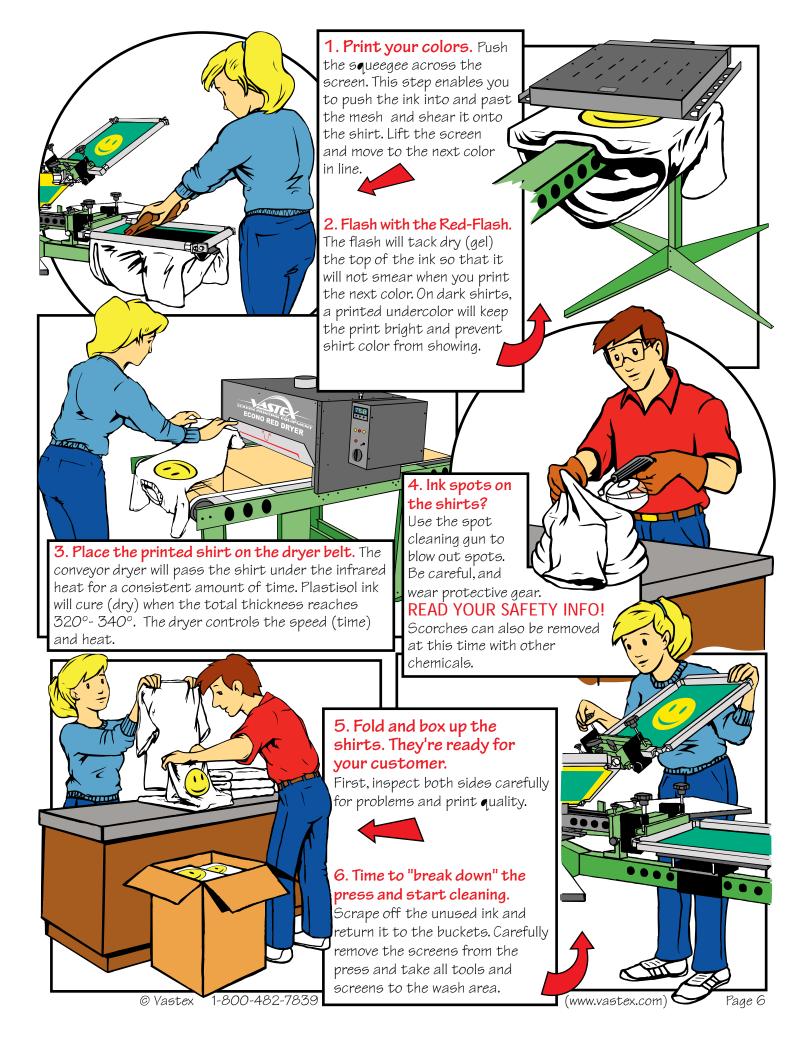
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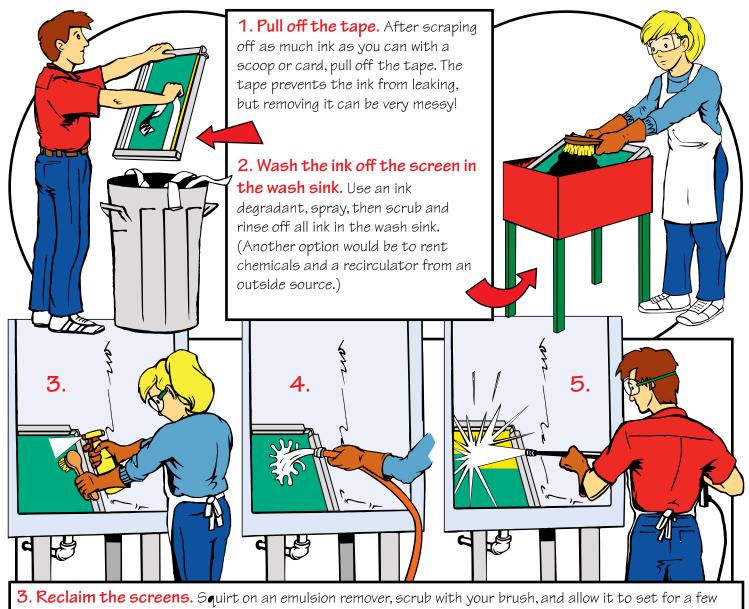
add double sided tape to the carrier sheets. (b.) Place the screen onto the stops and press the mesh and



88 one direction eliminating mistakes!

2. Screen stops where it comes together...





minutes. The remover will start to break up the emulsion. Don t let it dry! (If it is allowed to dry, it will never come off.) **4. Rinse off the remover.** Rinse off as much of the loose emulsion and remover from the screen as possible to prevent the chemicals from falling back on you. **5. Blast off the emulsion.** Use the pressure sprayer set on "fan spray" to blast off the remaining old emulsion. Overlap the spray on each pass to remove every last speck of old emulsion from both sides.



**6. Now, degrease again.** Once again, lather up, rinse, and dry the screens. Now you re all ready for the next job.

Well, that's the end of our illustrated introduction. We told you

it wouldn t be as bad as you first thought. Keep in mind, there are lots of smaller details to each step. Be sure to check out our website www.VASTEX.com for articles, more info, links, and tips. Additionally, there will be more information available as we add detailed chapters to this illustrated manual. Questions? We d love to help. Call 1-800-482-7839 or e-mail us at info@VASTEX.com You II soon discover the rewards (and profits!) in the craft and science of screen printing.

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### **Screen Supplies**

What is needed to start printing production.

Each item listed is a representation of the needed supply item, the product listed is what is included in the Vastex supply package. In almost all cases there are alternative products and brands available from your regional screen printing supplier. In some cases there are even items that can be purchased or made from supplies available from your local hardware, home improvement, or department store.

Please download the Vastex "Introduction to Screen printing" comic and follow along with the comic as a guide to where the supplies fit in the entire process. The comic is available for free from www.vastex.com in the education section. Please refer to the articles about frames, emulsion, mesh, and tips for more information (free downloads from www.vastex.com.)

Each item will be labeled with a word tag to help judge how important it is before a purchase is made.

#### The tags are:

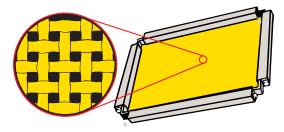
(Must have) - without this item a shop will not be able to proceed to the next step and complete a print.

(Should have) - this item is so useful and saves so much time that it is almost a must have.

(Need) - this item is useful and saves enough money, supplies or time that it is worth every penny, but the process can proceed with out it's use.

(Nice to have) - this item is useful and saves money or time, it is also worth every penny, but many printers do not use it.

**1. Screens** (Must have) - used to hold the stencil for printing [comic p. 2].



Twelve static aluminum frames 20" x 24" outside diameter frame size with the following mesh:

2 ea. 110 Dyed T thread plain weave mesh 4 ea. 156 Dyed T thread plain weave mesh 2 ea. 195 Dyed T thread plain weave mesh 4 ea. 230 Dyed T thread plain weave mesh

Note: For detailed art, process, or small dots add:

4 ea. 305 Dyed T thread plain weave (16 screens)

Note: The best choice for textile printing is the retensionable frame, but because the choices are so large with this product (and special tools are needed) please call or e-mail for additional information. 800-482-7839 or info@vastex.com

**2. Degreasing chemical** (Must have) - used to remove the contamination from the mesh [comic p. 4].

1 ea. Gallon screen mesh degreaser concentrate

**3.** Emulsion (Must have) - a photo reactive chemical used to make the stencil [comic p. 4].

1 ea. Gallon of photopolymer or dual cure emulsion

#### 4. Two edged scoop coater (Must have) -

used to apply liquid emulsion to the mesh [comic p. 4].

1 ea. Double edged 15" - 16" scoop coater



**5. Drying cabinet** (must have) - used to dry the screens. [comic p. 4,5]

Note: A drying cabinet can be purchased from Vastex or built from local supplies. Please see the article on drying screens on www.vastex.com for ideas.

**6. Wash booth** (Must have) - for developing, removing, washing, and degreasing [comic p. 5,7].

Note: A wash booth can be purchased from Vastex or constructed from local supplies.

**7. Pressure washer** (Must have) - for reclaiming and developing screens [comic p. 5,7].

Note: A suitable 1000 psi. pressure washer with fan spray head can be purchased from a local store.

**8. Vacuum head** (Nice to have) - for removing water and scum from exposed screen [comic p. 5].

1 ea. Screen vacuum head attachment for a shop vac.

**9. Tape** (Must have) - used for trapping ink in the screens, taping the squeegee blade, and the famous "tape trick" (needs clear tape) [comic p. 5,7].

Note: Two inch plastic clear and tan tape with rubber adhesive can be found in any office supply store. (Scotch 370 or 375 are good choices)

**10. Platen protection tape** (Nice to have) - for covering platens making clean up faster.

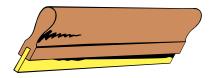
1 ea. Pallet Protection tape 18" x 100 yard roll

**11. Squeegees** (Must have) - for pushing ink onto the shirts [comic p. 2, 6].

Note: Each press will need at least one squeegee for each color print arm. Shorter squeegees will be needed for small logos

4,6 or 8 ea.14" Wooden handle squeegee (70 duro.)

4,6 or 8 ea. 7" Wooden handle squeegee (70 duro.)



**12. Goop Scoops** (Need) - for moving ink.

4,6 or 8 ea. One for each print head

Note: This item can be replaced with metal or plastic paint scrapers. Sharp edges must be rounded.

#### 13. Plastic transfer cards (Nice to have) - For

moving ink in the screen.

4,6 or 8 ea. One for each print head

Note: This item can be replaced with old credit, phone, or membership cards.

#### 14. Screen block out (should have)

1 ea. Quart screen emulsion blockout

15. On press wash (Must have) - for cleaning ink

from the mesh or changing colors while printing.

1 ea. Gallon on press wash (photopolymer safe)

**16. Platen adhesive** (Must have) - used to tack down garment to the platens.

1 ea. Gallon platen adhesive (water based)

**17. Spot cleaning gun** (Must have) - for removing cured ink spots [comic p. 6].

1 ea. 110v. spot remover gun

**18. Spot cleaning fluid** (Must have) - used in spot guns [comic p. 6].

1 ea. Gallon spot fluid



**19. Screen scrub brush** (Must have) - for use while cleaning and degreasing [comic p. 7].

2 ea. Fan bristle brushes with handles 2 ea. Bristle brushes

Note: Brushes can be found at any hardware or home improvement store.



**20. Plastisol Inks** (Must have) - a PVC ink that does not air dry [comic p. 6].

- 1 ea. Gallon Plastisol Black
- 1 ea. Gallon Plastisol White (High Opacity for cotton)
- 1 ea. Gallon Plastisol White (HO/Low Bleed for 50/50)
- 1 ea. Gallon Plastisol Red
- 1 ea. Gallon Plastisol Yellow
- 1 ea. Gallon Plastisol Royal Blue
- 1 ea. Gallon Plastisol Navy Blue
- 1 ea. Gallon Plastisol Green

- 1 ea. Gallon Plastisol Grey
- 1 ea. Gallon soft hand detack
- 1 ea. Gallon curable reducer

Note: Ink colors are suggestions, any colors available can be chosen as replacements.

**21. Plastisol ink degrader** (Must have) - used to remove ink residue [comic p. 7].

1 ea. Gallon ink (plastisol) degrading Ink wash

**22. Emulsion reclaimer** (Must have) - Used to remove used emulsion from the mesh [comic p. 7].

1 ea. Gallon of emulsion remover in a concentrate form.

#### 23. Haze and stain remover (should have) -

used to remove stains (haze) from mesh [comic p. 7].

1 ea. Gallon of two part haze remover and activator.

#### 24. Squeeze spray bottles (should have) -

used to apply chemicals to screens [comic p. 7].

5 ea. hand held squeeze spray bottles.

Note: Spray bottles help you cover more area and use less chemicals, they are available in local stores.

#### 25. Heat temperature reader (Must have) -

used to gauge dryer temperatures

1 ea. Wire return thermal probe -or-

1 ea. Reflective temperature gun with laser pointer

26. Ink cure testing chemical kit (Should

have) - used to test plastisol cure.

1 ea. Vastex cure testing kit

Note: This kit can be assembled from local supplies.

**27. Exposure calculator** (Must have) - used to find the correct exposure time

1 ea. Multi-step neutral sectioned exposure calculator

**28. Printing test squares** (Nice to have) - used to print a display, check for mistakes or reference.

100 ea. Test Squares in white

100 ea. Test Squares in black

Note: A local thrift resale store will have old t-shirts for purchase that can replace this item.

#### 29. Computer and scanner (Must have) -

used to scan and modify art for final design.

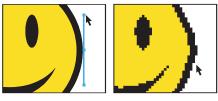
Note: Computers and scanners are available from many local stores. Your minimum requirements will be dictated by your software choices. Please call or e-mail Vastex for suggestions.

**30. Graphic Software** (Must have) - used to produce art and separations for printing.

1 ea. Software package Adobe Illustrator

- 1 ea. Software package Adobe Streamline
- 1 ea. Software package Adobe Photoshop

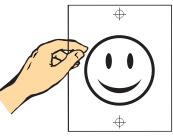
Note: Graphic programs are available at your local computer store or from internet mail order sources.



**31. Printer** (Must have) - used to make positives to burn art onto the emulsion [comic p. 5].

1 ea. Ink jet printer with RIP package

Note: The ink jet printers must have a software rip package to print separations.



**32.** Art tools (need) - used when needed.

Metal Artist t-square and yard stick, and ruler, Craft knife and blades, ultra fine tip permanent markers.

Note: Art tools are available from local stores.

Hosted on www.vastex.com



### **Training Classes**



# Complete, Professional Training Classes at Our Place or Yours!



Master Screen Printer, Douglas Grigar, is the instructor of screen printing classes hosted by Vastex.



Hands on experience includes actual printing by all students.



Students observe as a fellow classmate coats his first screen.



Students inspecting the results of an exposure test.

#### 3 Day Class at Vastex Factory:

Our intensive training program can help eliminate the months of traditional start up problems, allowing you to save thousands of dollars in supplies and time as well as to avoid the typical lengthy learning period. This hands on three day class (or five days at your location) is effective, down to the basics technical training, offering advanced information on the screen printing process.

This is not a course on "Vastex equipment" but a course dedicated to teaching the fundamentals of screen printing. Vastex hosts this class which is instructed by independent master screen printer, Douglas Grigar.

- Up Close and Personal
- Hands On Experience
- Prepress Through Reclaiming

#### Course Includes Complete Training in:

- Screen coating
- Screen frame choices
- Mesh selection
- Exposure control and emulsion choices
- Registration and multicolor printing
- · Identifying and solving problems
- Special inks and procedures
- · Curing and flashing
- · Screen cleaning and reclaiming

• 3 Day class for **\$500**/student

#### **Classes at Your Place:**

No equipment purchase is necessary, however, classes can be purchased with complete shops. Onsite classes are customized for your needs which can include:

- Installation of new equipment
- Staff training
- Advanced techniques
- Production efficiency improvement.
- \$895/Day +expenses, Domestic (3 day min)
- \$1,000/Day +expenses, International (5 day min)

Whatever your screen printing training needs are, Vastex wants to help you reach your goals!

Visit COM For a current schedule or to sign up. or call 1-800-482-7839 raining\_1010



### Training

Instruction is based on common procedure (and can be modified as needed). This is intensive hands on training on the HOW and the WHY, to help you understand more clearly the various printing processes.

#### **3 DAY CLASS at Vastex**

Fast paced three day class hosted at Vastex in Allentown, PA. (Cost \$500)

#### Day 1

Mesh information & choices, Retensioning & stretching, Frame choices & maintenance, Coating screens & the application of film products, Emulsion choice, Coating procedure, Coating control, Drying stencils, Exposure control, Step Test & calculator use, Exposure units, Troubleshooting, Screen storage

#### Day 2

Preparing screens, Preparing positives, Producing positives, Reviewing positives, Screen placement, Press Setup, Product loading, Inks & squeegee, Exposing screen, Developing screen, Drying screen, Screen preparation, Print preparation, Reviewing Order, Print Operations, Print take down, Screen cleaning

#### Day 3

Flooding & printing, Flashing, Ink use, Special printing, Dryer & pulling, Troubleshooting, Ink removal, Reclaim screens, Degreasing screens, Drying screens, Tips, Emergency procedures, Troubleshooting, Exposure box, Chemicals, Purchasing, Training, Proof & package positives

#### **5 DAY ONSITE TRAINING at your location**

Customized five day onsite training for your shop with complete equipment installation & total technical instruction in a casual one on one presentation. (Cost \$3,750)

Day 1	Day 2	Day 3	Day 4	Day 5
Shop setup	Prepress	Production	Postpress	Art
Computer	Mesh choice	<ul> <li>Flood and print</li> </ul>	Press breakdown	<ul> <li>Art programs</li> </ul>
<ul> <li>Printer</li> </ul>	<ul> <li>Positives</li> </ul>	<ul> <li>Flashing</li> </ul>	<ul> <li>Screen cleaning</li> </ul>	<ul> <li>Scanner use</li> </ul>
<ul> <li>Assemble frames</li> </ul>	<ul> <li>Exposure testing</li> </ul>	<ul> <li>Off contact</li> </ul>	Reclaim screens	<ul> <li>Positives issues</li> </ul>
Coat screens	<ul> <li>Wash out</li> </ul>	<ul> <li>Print order</li> </ul>	<ul> <li>Chemical use</li> </ul>	<ul> <li>Freelance art</li> </ul>
<ul><li> Press assembly</li><li> VRS</li><li> Exposure unit</li></ul>	<ul> <li>Preparation</li> </ul>	<ul> <li>Squeegee</li> </ul>	<ul> <li>Screen care</li> </ul>	<ul> <li>Clip art</li> </ul>
	<ul> <li>Press setup</li> </ul>	<ul> <li>Ink cure</li> </ul>	<ul> <li>Screen drying</li> </ul>	<ul> <li>Art limitations</li> </ul>
	<ul> <li>Preparing orders</li> </ul>	<ul> <li>Troubleshooting</li> </ul>	Emergency tips	<ul> <li>Shirt placement</li> </ul>

Onsite training client requirements:

Washout booth & drying cabinet that is plumbed and vented.

Electrical connections for flashes and dryers in place along with good lighting.

Plastisol inks, emulsion, scoop coater, and film for positives on hand.

Macintosh or PC with a copy of Illustrator, Streamline, Photoshop and a working scanner.

(Photoshop is not needed for basic art.)

(Once training is scheduled "pre-support" can be provided & supply needs overviewed.)

For a current schedule or to sign up, visit **COM** or call 1-800-482-7839 to discuss your training needs.